

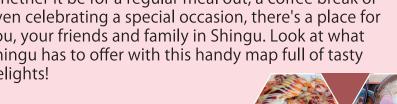
Shingu Gourmet Restaurant Map Mt. Horaisan Shingu (Tankaku) Castle Ruins Kumano-gawa River History & Asuka-jinja Shrine Sato Haryo Tankaku Hall (Cultural Hall-Kumano Exhibition Library) Kawaraya Yokocho Alley Sato Haruo Birthplace Monument Former Nishimura Residence Okuwa Supermarket (Nakano-cho) JR Shingu Sta. General Gymnasium Welfare Centre Courthouse 2 Shingu Fire Station Higashimuro 24 58 Promotion Bureau Inner City Shingu Area Prefectural Road Ojigahama Akebono-Hirotsuno To Hongu•Tanabe Aeon Supermarket National Route 42 This map shows a variety of delicious restaurants in Shingu. It's fun to choose! We've discovered the gourmet spots you'll To World Take this map with you when you go out! To Nachikatsuura/Osaka





Feast your eyes on Shingu's amazing food!

Shingu has many restaurants offering different cuisines. Whether it be for a regular meal out, a coffee break or even celebrating a special occasion, there's a place for you, your friends and family in Shingu. Look at what Shingu has to offer with this handy map full of tasty delights!



Legend

*Store details are on the following pages.

Restaurant Number	Restaurant Name	Traditional Food	Japanese Food	Western Food	Chinese Food	Italian Food	French Food	Izakaya	Yakiniku BBQ	Sushi	Light Meal	Noodles (Udon, Soba, Ramen)	Okonomiyaki	Others	Page
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6	Dorokyo Meguri-no-Sato Kumanogawa														P3
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2	Café Pearl														P4
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Restaurant Number	Restaurant Name	Traditional Food	Japanese Food	Western Food	Chinese Food	Italian Food	French Food	Izakaya	Yakiniku BBQ	Sushi	Light Meal	Noodles (Udon, Soba, Ramen)	Okonomiyaki	Others	Page
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60	Osui		•					•				•		•	P8
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Map Key

- Open for lunch, or lunch and dinner
- Open for dinner only Hotels and Ryokan
- 1~13 are hotels, inns and ryokan (traditional apanese inns). See page 9 for details.

Legend

- World Heritage
- Toilet
- S School
- Police box Tost office Bank
- Parking Petrol Station Bus stop Free Wi-Fi

Convenience store

·····Kumano Kodo

Emergency Numbers JNTO Japan Visitor Hotline **Q 050-3816-2787** (24hrs/365days)

- Ambulances/Fire Service **©** 119
- Police **Q 110**

1 Izakaya

Zenya 居履 禅家



Address: 2-3-1 Yoko-machi, Shingu Lunch: 11:30~14:00 Dinner: 17:00~21:30 (Last Order 21:00)

Lunch: 750 yen-Dinner: 2,500 yen~
Closed: Tuesdays
Parking: 5 Seats: 16
Groups: Up to 18 (Reservation only)

No smoking

We serve a variety of dishes, with a focus on local ingredients.

Lunch: 800 yen Closed: None
Parking: 200
Seats: 60
Groups: Up to 30 (Reservation only)

Shingu Lunch: 10:30~15:30

Address: 272 Hitari, Kumanogawa-cho.

(Last Order 15:00)

5 Light Meal Noodles

Dorokyo Meguri-no-Sato Kumanogawa 凝映めぐりの里熊野川

We offer a variety of local foods, including Kumano beef dishes, udon, rice bowls, set meals and curry. We also offer takeaway bento boxes!

No smoking Free Wi-Fi

Cashless payment accepted

Japanese Food Western Food Light Meal Noodles

Nagomi-chaya お食事と喫茶 なごみ茶屋



Address: 2-14-23 Hashimoto Shingu (Aeon 1F) Hours: 10:00~20:00 Prices: 1,000~20: Prices: 1,000 yen Closed: None Parking: Available Seats: 40 Groups: Up to 40

From solo diners to families, we have something for everyone, including udon and soba noodles, meal sets, rice bowls and our cafe menu!

No smoking Free Wi-Fi

Major credit cards accepted Cashless payment accepted

Japanese Food Western Food Chinese Food 2 Izakaya Sushi Noodles

Tsumugiya 笑食居酒屋 つむぎ家



Address: 2-12 Kasuga, Shingu Dinner: 18:00~24:00 (Last Order 23:30)

Dinner: 2,500~3,500 yen

Closed: Sundays

Parking: 5 Seats: 40 Groups: Up to 35

Enjoy our wide range of dishes and drinks while relaxing in one of our private rooms. We have both Japanese tatami rooms and table seating rooms.

English menu available English available Smoking allowed

Free Wi-Fi Major credit cards accepted Cashless payment accepted

6 Western Food Italian Food French Food Izakaya blanc blanc



Address: 2-4-2 Yoko-machi, Shingu Dinner: 18:00~24:00 (Last Order 23:30)

Dinner: 4,000 yen Closed: Tue, Wed Parking: None Seats: 16 Groups: Up to 16

We offer refreshing cocktails and mocktails cocktalls and mocktalls alongside our great selection of international beers. Feel free to pop by for a meal or even just a drink or

English available No smoking

Major credit cards accepted Cashless payment accepted 10 Noodles (Ramen)

Hayami 中華そば 速水



Address: 1-10-47 Midorigaoka, Shingu Lunch: 11:30~14:00 (Last Order 13:40) Dinner: 17:30~20:00 (Last Order 19:40)

Lunch: 700 yen

Dinner: 700 yen Closed: Thursdays (dinner only) Parking: 5 Seats: 17 Groups: Up to 17

English menu available English available

The umami flavour of our ramen was passed down directly from Ide Shoten, the pioneer of Wakayama ramen. Enjoy our slow -cooked tonkotsu pork bone soup with shoyu soy sauce flavouring, along with the perfect combination of noodles and roast pork.

Cashless payment accepted

3 Sushi Others (Sides)

Mamehachi Sushi まめ八寿し



Address: 1-2-26 Tankaku, Shingu Dinner: 17:00~22:00 Dinner: 2,000 yen~ Closed: Thursdays Parking: Ask for details Seats: 8 Groups: No large groups

We proudly serve nigiri sushi and pressed oshizushi made with special care. We make our sushi rice with a blend of two select vinegars. We offer a wide variety of side dishes as well. Please enjoy what we have to offer.

No smoking

7 Western Food Italian Food Light Meal

Kitchen Cafe Chanoma ಕっちんカフェ ちゃのま



Address: 2-14-23 Hashimoto, Shingu (Aeon 1F) Shingu (Aeon 1 Shingu (Aeon 1 Hours: 11:00~Last Order Prices: 900 yen∼ Closed: None Parking: Available Seats: 50 Groups: Up to 30

Our daily pasta specials, hot plate hamburger steaks and omelette rice are very popular! We also have an extensive cafe menu. Smoking area available.

Smoking area available Free Wi-Fi

Major credit cards accepted Cashless payment accepted 11 Japanese Food Western Food

Cast Anchor CASTANCHOR



Address: 3-12 Inosawa, Shingu (inside Shingu UI Hotel) Lunch: 11:40~14:00 (Last Order 13:30)

(Last Order 13:30)
Lunch: 980 yen∼
Closed: Weekends and Holidays
Parking: 40
Seats: 28
Groups: Up to 25

English available

From Shokado compartment bento boxes to pasta and hamburger steaks, we offer a great range of items for your weekday lunch. Lunches come with drinks and dessert - we take pride in offering a good deal!

Major credit cards accepted Cashless payment accepted

4 Light Meal

Magic Pierrot プレーブ&バーガーマジックピエロ



Address: 2-2-31 Tankaku, Shingu Hours: 11:00~21:00 Prices: 500 yen Closed: Thursdays Parking: Available Seats: 16 Groups: Accepted

We have over 350 different items on our menu, including our signature Kumano Beef Deluxe Burger and our very popular crepe menu. We also do delivery from 6:00 to 9:30 PM. Check out our Website!

English menu available No smoking

Free Wi-Fi Cashless payment accepted 8 Western Food Italian Food Izakaya

Shoya のみくい処 笑家



Address: 1F 2-1-3 Uma-machi, Shingu Dinner: 18:00~23:00 Dinner: 3,000 yen~ Closed: Mondays Parking: 10 Seats: 40 Groups: Up to 40

You can en.ioy our You can enjoy our relaxed atmosphere at the counter or in our Japanese - style floor seating rooms. We offer full - course meals to suit your budget, as well as group bookings!

Smoking allowed

Major credit cards accepted Cashless payment accepted 12 Others (Steak)

Japanese Black Beef Steak House Matsusaka ビフテキの店 松坂



Address: 4-1-13 Ohashidori, Shingu Lunch: 11:30~13:00 Dinner: 17:00~(Last Order 21:00) Prices: From 8,600 yen Closed: Irregularly Parking: 5 Seats: 28

we are a land back steakhouse specialising in Japanese Black wagyu beef - we welcome you to enjoy a meal and unwind here.

English menu available English available No smoking

Groups: Upon consultation

Major credit cards accepted Cashless payment accepted

13 Okonomiyaki

Lanvan お好み王国 らんばん



Address: 1-24 Inosawa, Shingu

Address: 1-24 Inosawa, Shingu Lunch: 11:30~14:00 Dinner: 17:00~23:00 (Last Order 22:30) Prices: 700~1,400 yen Closed: Irregularly Parking: 4 Seats: 30 Groups: Up to 30

Established in 1979, we are the Nanki area's okonomiyaki specialists. Starting with our signature Lanvan-yaki, we are always coming up with new menu items!

No smoking Free Wi-Fi

Cashless payment accepted

17 Izakaya

ikki 熊野の味処 紀伊 ikki



Address: 3-47 Goshin, Shingu Dinner: 17:00~22:00 (Last Order 21:30)

Dinner: 2,500 yen Closed: Wednesdays Parking: 10 Seats: 40 Groups: Up to 40

We serve Kumano beef, Matsusaka premium pork and the fresh fish that represent the taste of the Kii Peninsula! You can enjoy home cooking with our daily sides menu, along with local sake! Make yourself at home with our comfortable seating.

No smoking Free Wi-Fi

Major credit cards accepted Cashless payment accepted

21 Traditional Food Japanese Food Izakaya Sushi

Kumano So お食事 ご宿泊 熊野荘



Address: 2-4-5 Motokaji-cho, Shingu Dinner: 17:00~22:00 Dinner: 3,000~4,000 yen Closed: Sundays Parking: 12 Seats: 40 Groups: Up to 30

Enjoy a meal or a party in our old-fashioned wooden rooms. Our ground floor has 4 rooms with traditional Japanese - style floor seating, and our 1st floor has 2 rooms and can fit 20 - 40 people.

Smoking area available Free Wi-Fi

14 Traditional Food Japanese Food Sushi

KOIO 和の食彩 古城



Address: 4-3-18 Kamikura, Shingu Dinner: 17:00~21:30 (Last Order 21:00)

Dinner: 3,000 yen Closed: Mondays Parking: 10 Seats: 50 Groups: Up to 20

Please note that lunch is reservation only. We can deliver to: Shingu, Nachikatsuura, Kumano, Hongu, Totsukawa, and Kitayama

English menu available English available Smoking area available

Free Wi-Fi Major credit cards accepted Cashless payment accepted

18 Western Food

Café 7 Café 7



Address: 1-10-55 Midorigaoka, Shingu Lunch: 11:30~16:00 Lunch: 350 yen Closed: Sundays, Mondays Parking: 7 Seats: 30 Groups: No large groups

Our pancakes, galettes and our cute interior design will look delightful on your social media pages! We also offer rentals of our grand piano which is perfect for recitals.

No smoking

Major credit cards accepted Cashless payment accepted

22 Chinese Food

Tonchintei 中華料理 豚珍亭



Address: 3-2-4 Nakano-cho, Shingu Lunch: 11:30~14:00 Dinner: 17:00~21:00 (Last Order 20:00) Lunch: 1,200~2,000 yen Dinner: 2,000~5,000 yen Closed: Mondays Parking: 6 Seats: 70 Groups: Up to 30

Chinese Tood at reasonable prices. From noodle dishes to full course meals, made with high-quality ingredients, we have something for everyone

English menu available Cashless payment accepted No smoking

15 Traditional Food Japanese Food Izakaya Sushi

Shinraku 心樂



Address: 1-1-34 Midorigaoka, Shingu Dinne:: 17:30 ~ 24:00 (Last Order 23:30) Dinne:: 4,000 ~ 5,000 yen Closed: Sundays Parking: 9 Seats: 50 Groups: Up to 25

Please enjoy our seasonal vegetables and seafood in our relaxing private rooms. We offer full-course meal options and many a la carte dishes as well. Our made in house smoked dishes are quite popular!

English menu available Smoking area available Free Wi-Fi

Major credit cards accepted Cashless payment accepted

19 Japanese Food Izakaya

Aun 阿呍



Address: 4-4 Inosawa, Shingu Lunch: 12:00~13:00 Dinner: 17:00~23:00 (Last Order 22:00)

(Last Order 22:00) Lunch: 750 yen Dinner: 4,000 yen Closed: Irregularly Parking: None Seats: 22 Groups: Up to 20 (Reservation only)

English menu available Smoking allowed Free Wi-Fi

We serve the season' s freshest locally - caught seafood here. Please give it a try! We also have a variety of local sake.

Major credit cards accepted Cashless payment accepted

23 Western Food

GRILLS GRILLS



Address: 2F 2-2-10 Tankaku-cho, Shingu Lunch: 11:30∼14:00 (Last Order 13:30) Dinner: 18:00∼Last

Dinner: 18:00 ~ Last Lunch: 1,000 yen ~ Dinner: 3,000 yen ~ Closed: Sundays Parking: None Seats: 30 Groups: Up to 30

English menu available English available No smoking

Our charcoal-grilled dishes such as steaks and chicken are and chicker are popular. You can enjoy many kinds of drinks and watch sports on our big screen. Also open for lunch.

Free Wi-Fi Major credit cards accepted Cashless payment accepted

16 Traditional Food Noodles

Tanukiya うどん そば処 たぬき屋



Address: 1-1-50 Chiho, Shingu Hours: 11:00~20:00 Prices: 1,500 yen Closed: Wednesdays Parking: 4 Seats: 22

Groups: No large groups

Since our opening in 1910, we have continued serving the same dishes and flavours. Our noodles are all hand - kneaded with care in - house.

English menu available English available

No smoking Cashless payment accepted

20 Traditional Food Japanese Food Sushi

Maeda 地魚とお食事 まえ田



Address: 2-10-30 Hashimoto, Shingu Hours: 11:00~22:00 (Last Order 21:00)

Lunch: 1,500 yen Dinner: 3,500 yer Closed: Irregularly Parking: 25 Seats: 90

Groups: Up to 40

We take pride in our We take pride in our carefully-crafted nigiri sushi and a la carte items, made with high-quality fresh tuna, whale and more. We use ingredients that you can only find locally.

English menu available English available No smoking

locally . Free Wi-Fi Cashless payment accepted

24 Western Food Light Meal Others (Breakfast Special)

Café Pearl カフェ パール



Address: 1-3-9 Yoko-machi, Shingu Hours: 8:30~21:00 Lunch: 680 yen Dinner: 680 ven Closed: Wednesdays Parking: 3 Seats: 36

Groups: No large groups

Whether it's a morning coffee, lunch, or teatime in the evening, you can enjoy it here! We offer a variety of items including a daily lunch special lunch special.

English menu available No smoking

Free Wi-Fi

25 Traditional Food Light Meal Noodles

Kafugetsu 萘 花風月



Address: 1-2-2 Kamihon-machi, Shingu Lunch: 10:00~15:00 (Last Order 14:30) Lunch: 700~1,500 yen

Lunch: 700~1,500 yen
Closed: Thursdays
August (Wednesdays, Thursdays)
Parking: 2
Seats: 16
Groups: Up to 15

English menu available English available Smoking area available

Located in front of Kumano Hayatama Taisha Grand Shrine laisha Grand Shrine, come here to enjoy a nice meal or some cake and coffee! Our laid-back restaurant's interior uses locally-sourced Kumano lumber. Free Wi-Fi Cashless payment accepted

29 Noodles (Udon)

Konpira Udon Toukichi こんぴらうどん 藤吉



Address: 1-11-69 Sano, Shingu Lunch: 11:00∼14:00 Dinner: 17:30∼19:00 Closed: Mondays dinner, Tuesdays Parking: 3 Parking: 3 Seats: 16 Groups: Up to 16

We specialise in udon, making all our noodles by hand! Our dashi broth goes down easily as it uses no artificial flavouring, and our tempura straight out the fryer is sure to blow you away.

No smoking

33 Okonomiyaki

Shinyoshi 新好 お好み焼店



Address: 1-32 Tanioji-cho, Shingu Lunch: 11:30∼14:00 Dinner: 17:00∼22:00 Dinner: 5,000 yen
Closed: Lunch: Tue, Wed, Thu
Dinner: Wed

Parking: 5 Seats: 16 Groups: Up to 15

We' ve been proudly serving okonomiyaki since 1962. Try our signature okonomiyaki made with domestic flour or our yakisoba stir-fried in butter!

English menu available English available

No smoking

Traditional Food Japanese Food 26 Sushi Noodles (Soba)

Sushi Tensho すし 天勝



Address: 2-1-8 Uma-machi, Shingu Lunch: 11:30~13:00 (Last Order 13:00) Dinner: 17:00~21:00 (Last Order 21:00) Lunch: 1,500 yen

Dinner: 5,000 yen Closed: Lunch Mon, Sat, Sun

Dinner Sun
Parking: 5 Seats: 21 Groups: Up to 15

English available No smoking Free Wi-Fi

High - Grade Nigiri Sushi 2,500 yen Grilled Eel Rice Bowl 1,900 yen~ (Reserva Grilled Eel Rice Bowl
1,900 yen~ (Reservation only)
100% Buckwheat Soba
Noodles 900 yen
Assorted Tempura
1,500 yen
Major credit cards accepted
Cashless payment accepted

30 Western Food

HAMONTEI はもん亭



Address: 4-3-2 Kamikura, Shingu Lunch: 11:00~13:30 (Last Order)
Dinner: 17:00~21:00 (Last Order)
Lunch: 1,000~1,500 yen
Dinner: 1,500~3,000 yen
Closed: Thursdays Parking: 13 Seats: 40 Groups: Up to 30

English available No smokina

We recommend our beef stew and our demiglace sauce, lovingly cooked for 3 weeks. Our full course menu (reservation only) highlights the local flavours of the Kinan region to the fullest.

Free Wi-Fi Cashless payment accepted 34 Western Food Others (Vegetarian & Vegan Options) Café florde maria & Vintage shop Calle Vintage shop Calle Vintage shop Calle



Address: 1-346-16 Miwasaki, Shingu Hours: 11:30~18:00 Price: 1,000 yen Closed: Sundays, public holidays Parking: 6 Seats: 20 Groups: Up to 18

Our magnificent ocean view will soothe your sou!! We are popular for our vegetarian options, sweets and drinks made with edible flowers! drinks IIIa flowers!

English available No smoking

Major credit cards accepted Cashless payment accepted

27 Western Food Light Meal

Kumano Sabo <まの茶房



Address: 10-7 Inosawa, Shingu Hours: 9:00~18:00 Price: 400~650 yen Closed: Mondays, 13: 7d and 5th Sundays Parking: 5 Seats: 16 Groups: No large groups

English menu available English available No smoking

Our siphon coffee and made in house cakes are very popular. We also host a monthly art exhibition. You can use the power outlet at your table.

Free Wi-Fi Cashless payment accepted

31 Traditional Food Izakaya

Mehariya 総本家めはりゃ



Address: 5-6 Yakushi-machi, Shingu Hours: 11:00~21:00 (Last Order) Price: 1,500 yen Closed: Wednesdays Parking: 10 Seats: 36 Groups: Upon consultation

English menu available

We specialise in the Kishu region's famous local culsine mehari-zushi, seasoned rice wrapped in a pickled mustard leaf. You can experience the flavour cherished by the people of Kumano from your very first bite.

Major credit cards accepted Cashless payment accepted

Japanese Food Western Food
Light Meal Noodles Others (Coffee)

Setsu ex·es 節



Address: 1-2-1 Nakano-cho, Shingu Hours: 8:00~17:00 (Last Order 16:30) Price: 300~1,100 yen Closed: Sundays & Holidays (may be open on some holidays) Parking: 1 Seats: 26 Groups: No large groups

English menu available

We use seasonal, pesticide free vegetables brought straight from farms in Tokushima Prefecture. We are proud to offer you farm grown food in our warm, spacious location.

Cashless payment accepted

28 Traditional Food Japanese Food Izakaya Light Meal

Nagura 鹼螺桿 魚群



Address: 2-1-18 Chiho, Shingu Dinner: 17:30~22:00

Dinner: 4,000 yen Closed: Irregularly Parking: 5 Seats: 40 Groups: Up to 20

8 Chiho, Shingu We proudly serve the freshest sashimi and (last Order 21:30) whitebalt fish with a smile each day. To finish off your meal, we recommend the *mentaiko* fish roe pasta or mehari zush! You can enjoy a wide variety of local sake here as well!

English available Smoking area available

Major credit cards accepted Cashless payment accepted 32 Izakaya

No smoking Free Wi-Fi

Sepia 🕬 ಕಟ್ಟ್ ಕಟ್ಟ್ ಕಟ್ಟ್



Address: 3-2-7 Chiho, Shingu

Address: 3-2-7 Chilno, Shingu Dinner: 17:00~22:00
Dinner: Adult: 2,800 yen, Senior: 2,300 yen, High school students: 2,300 yen, Junior Figh school students: 1,300 yen, Element School students: 1,300 yen, Fre-school students: 1,300 yen, 9re-school students: 1,300 yen, 9re-school students: 6,000 yen, 3 years and below eat for free Closed: Tuesdays
Parking: 6 Seats: 20 Groups: Up to 20

You can choose from over 25 different ingredients from our display, and fry them yourself at your table! We also have all-you-can-eat curry and ice cream!

No smoking Free Wi-Fi

Cashless payment accepted

36 French Food

lle de France イル・ド・フランス



Address: 3-1-18 Tankaku, Shingu Lunch: 11:30~14:00 Dinner: 17:30~19:30 Lunch: 3,000 (Last Order 13:00) Lunch: 3,000 (yen Closed: Mondays Parking: Availaber Seats: 20 Groups: Up to 20 English menu available No Smoking No smoking Free Wi-Fi

We have been proudly operating for over 40 years. Enjoy a fantastic meal here made by our father- and-son team! We are also very knowledgeable about Shingu Saistory and Shingu Castle. Locals and visitors are all welcome here!

Major credit cards accepted Cashless payment accepted

37 Others (Yakitori)

Yakitori Gensan やきとり源さん



Address: 1-2-6 Yoko-machi, Shingu Dinner: 18:00~22:00 Dinner: 3,000 yen Closed: Irregularly Parking: 6 Seats: 40 Groups: Accepted

Our grilled yakitori chicken skewers are packed with umami flavour. Our sides menu is full of options as well, from grilled vegetables and fried dishes to rice dishes and soups.

Smoking area available

41 Others (Eel Dishes)

Shikaroku 鹿六



Address: 2-3-5 Motokaji-cho, Shingu Lunch: 11:00~14:00 (Last Order 13:30)

Dinner: 17:00~20:30
Price: 2,750 yen
Closed: Mondays
(if Monday is a holiday, Tuesday)
Parking: 10
Seats: 40 Groups: Up to 25

We have a long history and have served distinguished past figures of Shingu including the author Sato Haruo. We offer carefully selected domestic eel, grilled with binchotan charcoa and served with our orignal sauce.

English available Major credit cards accepted (Min bill of 5,000 yen) No smoking Cashless payment accepted

45 Japanese Food Sushi

Togetsu 渡月



Address: 2-4-7 Motokaji-cho, Shingu Hours: 11:00∼21:00 Lunch: 2,000 yen 3 500 ven Closed: Mondays

Parking: 2 Seats: 15 Groups: No large groups

Come enjoy the sushi chef's specialty mackerel sushi and his side dishes.

No smoking

38 Light Meal Others (Burgers, Ice Cream, Shaved Ice)

Matchanchi まっちゃんち



Address: 54-1 Tanago, Kumanogawa-cho, Shingu Hours: 10:00~18:00 Price: 400 yen Closed: Irregularly Parking: Available Seats: 7 Groups: Accepted

We offer a wide selection, from hot dogs to grilled manju buns filled with red bean paste made in -house. All our menu is available for takeaway.

Smoking allowed

42 Western Food

Lahaina Darey Endt



at.-home in our

restaurant where we

come by and en.ioy!

Address: 5-3 Maruyama, Shingu Lunch: 11:30~13:30 Dinner: 17:30~20:00 Lunch: 900~1,500 yen Dinner: 1,000~2,500 yen Closed: Tuesdays Parking: 10 Seats: 32 Gruns: Unto 18

Groups: Up to 18

Cashless payment accepted

Traditional Food Japanese Food Western Food 46 Chinese Food Sushi Noodles

Suzunari 季甸料理 すゞ成



Address: 1-2 Yakushi-machi, Shingu Dinner: 17:00~22:00 Lunch: 3,000 yen (Reservation only) Dinner: 5,000 yen Closed: Mondays Parking: 9 Seats: 60 Groups: Up to 40

We serve seasonal fish we serve seasonal fish and vegetables sourced from the Kumano-nada Sea and the local Kumano mountains. Come enjoy a meal full of the season's wonders.

English available No smokina

39 Light Meal

Café Yamaji カフェ・ヤマジ



Breakfast Special **Accompanying dishes change daily

Address: 1-5-39 Jofuku, Shingu Hours: 8:00~15:00 Price: 480~1,400 yen Closed: Mondays Parking: None Seats: 10 Groups: No large groups

This cafe was formerly a dental clinic but later renovated into a retro - style cafe. Come by and relax with a fresh cup of our best coffee.

English menu available Smoking allowed

Major credit cards accepted Cashless payment accepted 43 Japanese Food Sushi Noodles (Soba)

Kakinoate 柿乃肴



Address: 1-1-8 Kamihon-machi, Shingu Hours: 9:00 until sold out (Soba 11:30~13:30) Price: 1,200 yen Closed: 1st, 2nd, 3rd and 4th Mon, Tue, 1st and 2nd Wed (Except holidays) Parking: 3 Seats: 13 Groups: Up to 10

English menu available English available No smoking

We serve homemade soba using 100% buckwheat flour alongside our persimmon leaf wrapped sushi. We also have Basque cheesecake and gateau chocolate on our cafe menu. It's the perfect place to stop after a visit to the shrine!

Free Wi-Fi Cashless payment accepted

47 Traditional Food Japanese Food Izakaya

Aiito 熊野の味処 味斗



Address: 1-1-9 Yoko-machi, Shingu Dinner: 17:00~24:00 (Last Order 23:30) Dinner: 3,000~4,000 yen

Olinner: 3,000~4,0 Closed: Irregularly Parking: 5 Seats: 35 Groups: Up to 16

We select only the best local fish and chicken for our dishes. You'll want to come back again and again!

English menu available No smoking Free Wi-Fi

Major credit cards accepted Cashless payment accepted

40 Western Food Italian Food

Kaihami Carne KAIHAMI CARNE



Address: 2-1-9 |sada-cho, Shingu Lunch: 11:30~13:00 Dinner: 18:00~21:00 Lunch: 2,000~3,000 yen Dinner: 4,000~6,000 yen Closed: Sundays, Mondays Parking: Ask for details Seats: 18

We are an Italian We are an italian bar - style restaurant that specialises in meat dishes. We offer a wide variety of wines and sake, as well as non - alcoholic drinks. Please come visit us!

English available No smoking Free Wi-Fi

Groups: Up to 20

Major credit cards accepted Cashless payment accepted

44 Others (Takoyaki)

Muratako ಕರ್ಶಿತ



Address: 1-2-1 Funamachi, Shingu (inside Kawaraya Yokocho Alley) Hours: 13:00~18:00 (Open from 12:00 weekends & holidays) Price: 200~600 yen

Closed: Mondays Parking: None Seats: 20 Groups: Up to 15 We have a wide variety of items on our menu! From takoyaki classics to our very own original creations, find your favourite one!

Smoking allowed

48 Traditional Food Japanese Food Izakaya Sushi

Tohojaya 東宝茶屋



Address: 2-2-12 Yoko-machi, Shingu Dinner: 17:00~22:00 (Last Order 21:30)

Lunch: 1,100 ven Dinner: 3,000 yen Closed: Thursdays Parking: 4 Seats: 20 Groups: Up to 15 We serve a variety of local cuisine including locally caught fish, whale and eel along with many other Japanese dishes. The fermented sushi, narezushi is one of the renowned delicacies of the region. Please give it a try!

We serve a variety of

English menu available No smoking

49 Chinese Food

Mansou 万物



2-2-16 Yoko-machi, Shingu Address: 2-2-16 Yoko-machi Lunch: 11:00~14:00 Dinner: 17:00~20:00 Lunch: 750~1,200 yen Dinner: 1,000~1,500 yen Closed: Thursdays Parking: 6 Seats: 22 Groups: No large groups

English available No smoking Free Wi-Fi

Our 3rd generation chef's original Our 3rd generation chef's original in house noodles are extremely popular! They go great with our special roast pork sauce fried rice. You can add us on LINE at [@yjz4873d]. Major credit cards accepted Cashless payment accepted

53 Western Food Others (Curry)

if カレーのお店 if



Address: 2-31 Noda, Shingu Lunch: 11:30~13:30 Lunch: 600~1,000 yen

Closed: Thu, Fri, Sat, Sun Parking: 4 Seats: 21 Groups: No large groups

We offer takeaway for all our items! Our basic curry comes with salad for just 550 yen. At 800 yen, our pork cutlet curry is very popular. We have many other options to choose from!

No smokina

Traditional Food Japanese Food Western Food Chinese Food Izakaya Sushi Light Meal Noodles Others (Hotpot)

Uguisuya 鶯屋



Lunch: 900~1,500 yen Unser Z.000 yen Unser Z.000~5,000 yen Closed: Tuesdays Parking: 5

Smoking area available Free Wi-Fi

Major credit cards accepted Cashless payment accepted

50 Western Food Light Meal Others (Daily Special)

Walnut Fr-Dar Dar-Dar-W



Address: 3-2-10 Nakano-cho, Shingu Lunch: 10:00~15:00 Lunch: 850 yen Closed: Sun, Fri Parking: None Seats: 25 Groups: No large groups

For lunch, we offer a rotating variety of 13 daily specials including omelette rice, pasta and curry dishes!

No smoking

54 Izakaya

Kiku おふくろの味 きく



Address: 9-15 Inosawa, Shingu Dinner: 17:30~22:00 Dinner: 1,000~4,000 yen Closed: Sundays, some holidays Parking: 2 Seats: 19 Groups: No large groups

We offer home we orrer nome cooking - style sashimi, stews, fried food, salads and more, using fresh fish, vegetables and Kumano beef from local providers.

Smoking allowed

58 Izakaya

Reiyu Club 玲佑俱楽部 新宮本店



Address: 1F 3-4-1 Midorigaoka, Shingu Dinner: 18:00~22:00 Dinner: 2,000 yen∼ Closed: Sundays Parking: 1 Seats: 15 Groups: Upon consultation

Our extensive menu offers everything from local fish dishes to hotpot for one. Please drop by and have a good time!

English menu available English available

No smoking Cashless payment accepted

51 Japanese Food Noodles (Udon, Soba)

Masaya まさ家



Address: 2-1-16 Tankaku, Shingu Hours: 11:00~21:00 Price: 750~1,800 yen Closed: Thursdays (open if Thursday is a holiday) Parking: 10 Seats: 40 Groups: Up to 28

We are open from 11 AM to 9 PM. We don't close after the normal lunch hour; come any time! We can also deliver to anywhere in Shingu City centre!

English menu available

Free Wi-Fi

55 Yakiniku BBQ

Hige 焼肉 ひげ



ss: 4-3-19 Kamikura, Shingu r: 17:00∼23:00 Dinner: 17:00~23:00 Dinner: 5,000~10,000 yen Closed: Tuesddys Parking: 11 Seats: 100 Groups: Up to 60

English menu available English available No smoking

Our yakiniku BBQ restaurant is the only one in Wakayama Prefecture designated to serve Kumano beef. Our homemade sauce recipe has been passed down since our opening 48 years ago. We also offer 40 types of wine and 50 types of shochu!

Free Wi-Fi Major credit cards accepted Cashless payment accepted

59 Sushi

Tatsu Sushi 辰寿し



Address: 2-1-72 Midorigaoka, Shingu Lunch: 11:30~13:30 Dinner: 18:00~21:00 *Please call for takeawa Price: 1,400 yen~ Closed: Mondays Parking: 6 Seats: 7 Groups: No large groups

A comfortable sushi restaurant, perfect for groups or solo diners! We are committed to primarily using local fish in our sushi.

No smoking

52 Traditional Food Sushi

Jofukusushi 徐福寿司 駅前店



Address: 2-1-9 Jofuku, Shingu Hours: 10:00~17:00 Price: 1,500 yen Closed: Thursdays Parking: 1 Seats: 12 Groups: No large groups

Since our establishment in 1950, we have offered traditional Kumano Shingu cuisine, like sanma saury fish sushi and kobumaki kelp sushi. We can ship to anywhere in the country.

Major credit cards accepted Cashless payment accepted

English menu available No smoking Free Wi-Fi

56 Traditional Food Light Meal Others (Coffee)

Carrot きゃろっと



Address: 2-4-2 Ohashidori, Shingu Hours: 9:00~17:00 Price: 800~1,300 yen Closed: Thursdays Parking: 3 Seats: 23 Groups: Up to 23

Take a break at our Take a break at our cafe and enjoy our pasta, pilaf, mehari-zushi and tendai-uyaku jelly, made from local ingredients. We offer high quality coffee from Kyoto's famous Inoda Coffee.

English menu available English available

No smoking Cashless payment accepted

60 Traditional Food Japanese Food

Garaku



Address: 2-3-40 Shimoda, Shingu Dinner: 17:30~22:00 Dinner: 5,000 yen^ Closed: Mondays, and one irregular day per month

Parking: 8 Seats: 24 Groups: Up to 16 We serve seasonal seafood with pesticide free vegetables — straight from our own garden! — in a variety of beautiful Japanese dishes including original creations. We also offer full course options to suit your budget.

Smoking area available Free Wi-Fi

Major credit cards accepted Cashless payment accepted 61 Noodles (Ramen)

Ramen Sesami らぁ麺せさみ



Address: 975-3 Sano, Shingu Lunch: 11:30~14:00 Dinner: 17:30~20:00 (Last Order 19:50) Lunch: 800 yen Dinner: 1,000 yen Closed: Tue, Wed Parking: 4 Seats: 14 Groups: No large groups

We are ramen specialists and use specialists and use sesame seeds in our seasoning. Our noodles are all made in - house! We have great value lunch sets in the day and at night we serve our popular tsukemen noodles.

No smoking

64 Japanese Food Sushi Noodles (Soba)

Katsuta かつ田



Address: 1-1-15 Jofuku, Shingu Lunch: 11:00~14:00 Dinner: 17:00~21:00 (Last Order 20:30) Lunch: 1,100~3,000 yen

Dinner: 4,000 yen
Closed: Wednesdays,
2nd and 4th Thursdays
Parking: 6 Seats: 35
Groups: Up to 20 (Reservation only)

English menu available No smoking

67 Izakaya

Suigetsu **幹**月



Address: 5-5 Maruyama, Shingu Dinner: 18:00~23:00 (Last Order 22:30)

Clast Order
Dinner: 3,000~5,000 yen
Closed: Sundays
Parking: 5
Seats: 25
Groups: Up to 20

At this BBQ At this BBQ restaurant, you can grill the seafood to your liking right at your seat. We also serve a variety of a la carte items.

Smoking allowed Major credit cards accepted

Cashless payment accepted

62 Traditional Food Sushi

Aoizushi 葵鮨



Address: 3-1 Tanioji-cho, Shingu Address: 3-1 Tanioji-cho, Lunch: 11:30~14:00 Dinner: 16:30~20:00 Lunch: 1,000~2,000 yen Dinner: 1,500~3,000 yen Closed: Irregularly Parking: None Seats: 14 Groups: No large groups

We use only the freshest ingredients for our valued customers. Our popular dishes include the seafood rice bowl (1300 yen), tuna rice bowl (1300 yen) and assorted nigiri sushi (1000 yen).

English menu available No smoking

Groups: No large groups

65 Japanese Food Sushi Noodles (Udon, Soba)

Azuma Sushi あづま寿司



Lunch: 1,000 yen ~

Dinner: 1,500 yen ~

Closed: Mondays
(if Mon is public holiday, then Tue)

Parking: 18

Seats: 1st floor 20, 2nd floor 38

Groups: Up to 35 Groups: Up to 35

No smoking Major credit cards accepted

Address: 2-11-33 Hashimoto, Shingu Lunch: 11:00~14:00 (last Oder 13:30) best ingredients for best ingredients for our selection of Japanese cuisine, meat dishes and original creations. We also offer takeaway. You can also enjoy our selection of Japanese cuisine, meat dishes and original creations. We also offer takeaway. You can also enjoy our selection of Japanese cuisine, meat dishes and original creations. We also

Our locally caught fish is the freshest of the fresh! Try our tuna rice bowl with our special sauce, or our lands she predicts and she predicts.

and soba noodles.

can also enjoy our full-course options!

Cashless payment accepted

68 Traditional Food Izakaya

NAGOMIBA KUISHINBOU <いしんぼう



Address: 443-8 Shingu, Shingu Dinner: 17:00~23:00 (Last Order 22:30)

Dinner: 3,500 yen Closed: Irregularly Parking: 4 Seats: 14 Groups: Up to 10

Here you can enjoy the flavours of the sea, river and mountains surrounding the Kumano area through local vegetables, fish and meat, paired with one of our range of sakes.

No smoking Major credit cards accepted

Cashless payment accepted

63 Western Food Izakaya

POP'HOT ##ット



Address: 2-4-3 Tankaku, Shingu Lunch: 11:00~14:00 Dinner: 17:00~20:00 Lunch: 650~1,500 yen Dinner: 2,000~4,000 yen Closed: Irregularly Parking: 8 Seats: 30 Groups: Up to 20

Our chef has 40 years of experience with Western-style food. Our beef stew, crab cream croquette and recommended set are all very popular! At night, we also offer a large izakaya bar menu.

English menu available No smoking

66 Japanese Food Izakaya Noodles Others (Curry)

OSUI Dining Kitchen 桜粋



Address: 2-1-31 Jofuku, Shingu (Station Hotel Shingu 2F) Lunch: 11:30~13:30 Dinner: 18:00~13:30 Lunch: 850~1,000 yen Dinner: 30:00~5,000 yen Closed: Sundays Parking: 10 Seats: 60 Groups: Up to 60

You can find breakfast here for just 700 yen and lunch for around 850-1000 yen. We offer local fish and a variety of meal sets!

No smoking

69 Light Meal Others (Dessert)

maison de ricca maison de ricca



Address: 1-2 Iwatate, Shingu Hours: 9:00~17:00 (Last Order 16:00)

(Last Order 16:00)
Price: 800 yen
Closed: Fri, Sat, 3rd and 4th Sun
Parking: 5
Seats: 12
Groups: No large groups

We have everything from Japanese sweets to waffles, parfaits, drinks and sandwiches for you here! All items can be ordered to go.

No smoking

Cashless payment accepted

Treasures from Local Brands



Local Kumano sake

Shingu products, made with local pride and craftmanship, are increasingly popular as gifts and souvenirs.



Jofuku tea



Tendai uyaku

Jofuku tea contains Tendai uyaku. Tendai uyaku is said to be the "elixir of life" discovered by Jofuku.

The Traditional Flavours of Shingu



Mehari-zushi

Mehari-zushi is a rice ball wrapped in lightly pickled leaf mustard greens. A food loved by locals for hundreds of years, these were commonly brought along to work or on trips. The name is said to have come from how big your eyes open when you eat the large rice ball!



Sanma-zushi

This local cuisine uses lean pacific saury that swim southwards to the Kuma-no-nada Sea. This pickled fish sushi is usually eaten during festivals, New Year's celebrations and other special days.



Whole dried sanma fish

The pacific saury fish are put out to dry in the peak of winter, in a spot with a lot of sun. The fish is lightly salted before drying, giving it a crunchy texture. The more you chew the fish, the more of that spectacular flavour comes out.



Chagayu

Regular okayu, or rice congee, is made with water; however, in the Kumano region the congee is cooked specially with tea to become a fragrant Chagayu. The tea gives it that rustic colour. This dish is both traditional and gentle on the stomach!

Phone Information

Hotel	
1 Hotel Koyo Inn	0735-22-2653
Shingu Ul Hotel	0735-22-6611
3 Hotel New Palace	0735-28-1500
4 Sunshine Hotel	0735-23-2580
5 Station Hotel Shingu	0735-21-2200
6 Business Hotel Misato	0735-21-2211
7 Business Hotel Kishu	0735-22-6599
3 Shingu Central Hotel	0735-23-2000
Gran Hotel	0735-22-8588

Ryokan/Minshuku	
	0735-22-2235
11 Hase Ryokan	0735-22-2185
Minshuku Takasago	0735-22-3656
(3) Minshuku Kimi	0735-22-0137

Miwasaki Area Accommodation

Drive-In Fuji *Near JR Miwasaki Sta.

0735-31-7605

Tal	∢a	ta/	kum	an	ogawa-cho
Are	ea	Ac	com	mo	odation
- 1					

Takata Greenland	0735-29-0321
Koguchi Shizen-no-le	0735-45-2434
Koguchi Campground	0735-45-2232

Shingu Area Shingu Guesthouse So 090-3281-8003 Cozy House in Kumano 090-8885-5041 Kumano house 090-4524-9815 Kokorozashi 080-3826-8195 Youth Library Engawa 0735-29-7192 Kamikura Shosai 0735-29-7192 Sushi House 090-5130-8954 Kumano Kura Inn 080-5672-2405 Guesthouse Mifune 080-5672-2405 Hanare 0735-22-4602 Guest House Mayu 080-1436-8451 Fukuroku 090-5093-6445 Kokoro-yui Shingu 0735-30-0877 Minchuku Aoi 000 5655 0205

Other Accommodation

Minshuku Aoi	090-5655-9285
Kumanogawa-cho Are	a
GENKI HOUSE	080-8329-7928
Cafe & Guesthouse Engawa	080-6665-2272
Guesthouse Mataoina	080-3661-1209
Guesthouse Ikkyu	080-3661-1209
Minshuku Momofuku	0735-45-2016 090-9093-8880
@koguchi	090-1447-6422
Guesthouse Kumaano	080-1432-7340
Sansaro Cafe & Guesthouse	0735-30-0701

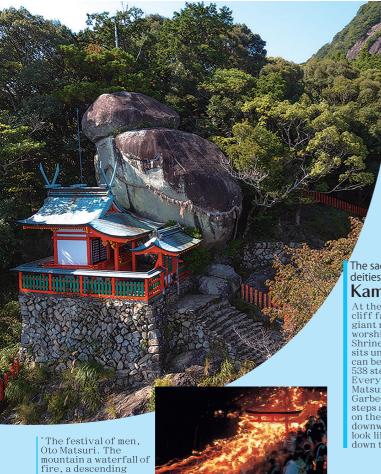
NOT GOOD SO HOUSE	080-3661-1209
Kumoma Guesthouse Lodge	Online Reservation Only (Airbnb, Kumano Travel)

Taxi	
Kumano Daiichi Kotsu	0735-22-6311
Crystal Taxi	0735-22-5206
Sano Taxi	0735-31-7686
Mitsuwa Taxi	0735-31-7667
Fuji Taxi	0735-44-0522

Designated Drive	r Service
Hayatama Daiko	0735-28-5616
Daiko Shingu	090-1443-0490

Rental Car	
Toyota Rental Lease Wakayama	0735-21-7273
Daiwa Rental Car	0735-21-2502
Rental Car 660	0735-23-1234
Orix Rental Car	0735-23-0543

Rental Bicycle	
Jofuku Park	0735-21-7672
Shingu City Tourist Association	0735-22-2840
Kumanogawa Onsen Satsuki	0735-44-0193
Koguchi Shizen-no-le	0735-45-2434



Shingu, a city full of vibrant nature and charm

Shingu has many places worth visiting, but here are some of our favourites!

The sacred spot where the Kumano deities first descended

Kamikura-jinja Shrine

At the top of the almost 100m high cliff face is Gotobik-Iwa Rock, a giant rock that is the object of worship for Kamikura-jinja Shrine. The main hall of the shrine sits underneath the rock, which can be reached upon climbing the 538 steep stone steps upwards. Every February 6, the Oto Matsuri Festival is held here. Garbed all in white, men climb the steps and receive the sacred fire on their torch before rushing downwards again. The brave men look like a fiery dragon coming down the mountain in the night.



Doro-kyo Gorge Boat Tour: The Doro-kyo (Dorohaccho) Gorge spans across Wakaya-ma, Nara and Mie Prefectures. On this tour, you can get a look at the cliff faces and the surrounding great outdoors from atop the majestic clear stream

Doro-kyo Gorge and Kumanogawa River Boat Tours

Kumano-gawa River Boat Tour: The only river pilgrimage route registered amongst all World Heritage Sites. See the amazing scenery downstream while the guide tells you about the wonderful history and landmarks.



along the clearing and majestic stone walls are fantastic in the springtime!

Find the historic beauty within the walls

dragon," is sung about this well-loved festival

Shingu (Tankaku) Castle Ruins

Atop Mt. Tankakusan with the Kumano-gawa River to its back, Shingu (Tankaku) Castle Ruins makes a great place to see a breathtaking view of the city area and Pacific Ocean. During the Edo period, the first lord of the Kishu domain Tokugawa Yorinobu began work on the castle before the Mizuno clan moved in later. For the next 250 years, Shingu prospered as a castle town under the Mizuno family. Inside the castle grounds lie a number of monuments that show Shingu's long history.

See the crystal clear water, the magnificent mountains and the historic river by boat and immerse yourself in this amazing nature.



Kumano Hayatama Taisha Grand Shrine

Kumano Hayatama Taisha, together with Kumano Hongu Taisha and Kumano Nachi Taisha, comprise the Kumano Sanzan, or the Three Grand Shrines of Kumano. The name "hayatama" with "haya" meaning "fast", is said to represent deification of the movements and sources of water themselves, which are the great foundations of all life. The shrine sits along the backs of the crystal-glass Kumana gawa Biyar along the banks of the crystal-clear Kumano-gawa River

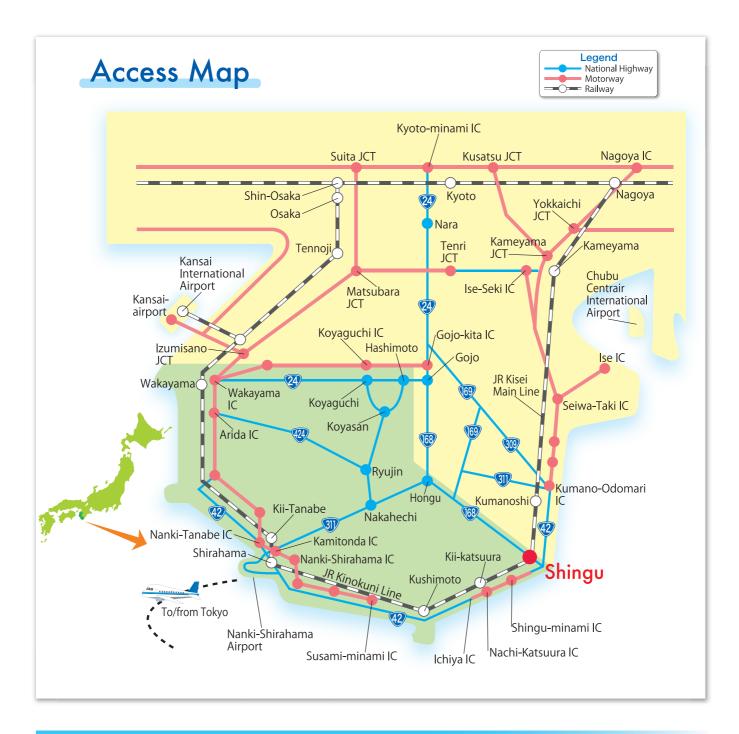


Jofuku Park

Jofuku was a Qin Dynasty scholar (221-206 BC, over 2200 years ago!) sent by the Emperor to find the elixir of life. Jofuku liked Shingu's moderate climate so much he and his crew settled ashore in Japan instead. He taught agricultural skills to the local people

Koya-zaka Slope
The Kumano Kodo Koya-zaka trail is approx. 2km in length and takes about 60min end to end (not including the viewpoints off the trail).
With mossed cobblestones and the ocean that occasionally shows between the trees, it makes for an excellent detour for beginner walkers!

verenese 🕏



SHINGU ACCESS INFORMATION



From Kyoto / Osaka / Kobe

• Take the Hanwa Motorway and exit at the Kamitonda IC, take Route 311 and then Route 168 via Hongu to Shingu.

Or take the Hanwa Motorway, exit on the Susamiminami IC and take the Nachikatsuura-Shingu Motorway to Shingu.

• Take the Keinawa Motorway and from the Gojo IC, take Route 24 or Route 168 to Shingu.

From Nagoya

• Take the Higashi-Meihan, Ise Motorway and Kisei Motorway, exit Kumano-Odomari IC and then take Route 42 southwards to Shingu.

■ By train >

From Kyoto/Osaka/Kobe

• From Kyoto/Shin-Osaka Station, take the Limited Express Kuroshio train to Shingu Sta.

From Nagoya

• From Nagoya Station, take the Limited Express Nanki train and get off at Shingu Sta.

Enquiries –

Shingu City, Tourism and Commerce Division



2-1-11 Jofuku, Shingu, Wakayama Pref. Tel.0735-22-2840 https://www.shinguu.jp/en

Shingu City Tourist Association

